



Tracker University

Food Drives:

List of Suggested Items

Dairy

Powdered Milk
Canned Evaporated Milk

Dry Goods

Ovaltine
Cereal
Oatmeal
Potatoes
Macaroni & Cheese
Rice
Beans—all types
Pasta
Dry Soups
Hamburger Helper
Dried Fruits—Raisins, etc.
Pudding
Jell-O

Canned Goods

Vegetables
Corn, Spinach, Green
Beans, Tomatoes
Refried Beans
Tomato Sauce\Paste
Soups—all types
Meats
Chicken, Turkey Chili
Spaghetti, stews
Chicken & Dumplings
Ravioli, etc.
Fish
Tuna, Salmon, Sardines
Juice
Fruits
Pears, pineapple, peaches
applesauce, etc.

Pop-Top Cans

Tuna
Vienna Sausages
Spam
Corn Beef Hash
Fruit
Applesauce

Other Items

Peanut Butter
Syrup
Honey
Cooking Oil
Mayonnaise
Mustard
Catsup
Salsa

Items NOT Accepted:

- Expired food
- Diet foods—such as Jenny Craig, SlimFast
- Exotic foods
- Homemade items—pastries, jams, etc.
- Glass bottles or jars
- Bulk/large-sized items—nothing that needs to be repackaged.